

Year 4 - Outdoor & Adventurous - HT6



Prior Learning: If children took part in KS1, they were introduced to some activities in pairs, learning how to work together with a partner and in small groups. They were encouraged to work as a team to solve problems/tasks. They were also introduced to orienteering and used the co-ordinates North, South, East and West.

Key Skills

Physical Me

Co-ordination

Jump, step, hop

Balance

Walk, run, jog

Value Me:

- Teamwork
- Leadership
- Responsibility

Social Me

- Co-operation
- Organisation
- Good listener
- Encouraging others
- Supporting others
- Collaborate
- Communicate

Thinking Me

- Problem solving

Key Knowledge

Orienteering:

Is an exciting outdoor adventure sport that exercises mind and body. The aim is to navigate between checkpoints or controls marked on a special orienteering map. There is no set route so the skill and fun come from trying to find the best way to go.

Compass Points:

Directions- North, South, East, West,
North East, North West, South East, South West



Play Leader

Outdoor and adventure activities are mainly non-competitive and offer alternative ways to enjoy a healthy approach to recreation and outdoor activities.

The outdoor and adventure activities strand has many links with the Geography curriculum.

Key Vocabulary

Communication

Collaboration

Teamwork

Trust

Orienteering

Compass Point

Co-ordinates

Supportive

Decision

I can statements



Use a key to accurately place things in the correct locations according to a plan

Develop different methods of communication to achieve a goal

Give and follow directions using the eight points of the compass

Use co-ordinates on a plan to correctly place and locate different objects

Listen carefully and follow instructions given by teammates

Lead a team to complete a task

Anything else you have learnt? What have you enjoyed?