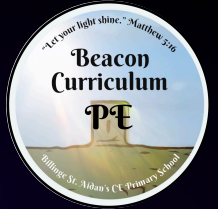


Year 1 - Olympic Dance - HT2



Prior Learning: In early years, children experimented with different ways of moving to music. Children learned through dance to negotiate space and obstacles safely; with consideration for themselves and others.

Key Skills

- Moving our bodies in time to the music
- Dance with control
- Dance movements at different levels
- Dance moving in different directions and travelling
- Counting to 8 to stay in time to the music

Thinking Me

- To improve my dancing
- Remember dance movements

Value Me

- Teamwork

Healthy Me

- Perform movements safely
- Warm up

Social & Emotional Me

- Co-operate with others
- Respect others performing

Key Knowledge

Timing - Listen to the music , use counts to help you keep in time

Travelling - To move from one place to another

Levels - The three levels of dance movement are high, middle, and low

Control - The ability to start and stop movement, change direction and hold a shape efficiently

Perform - Dance has a beginning, middle and end just like a story/children's written work



Key Vocabulary

Time

Start

Finish

Levels

Topic Vocabulary

Olympics

Race

Flag

Sport

I can statements



Listen to the music and begin to move in time to it

Perform basic dance movements

Perform dance movements showing some levels

Perform basic dance travelling movements e.g. stepping, skipping, jumping

Perform simple dance moves with some control

Anything else you have learnt? What have you enjoyed?