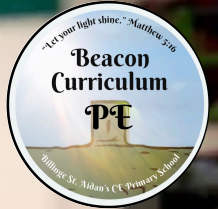


Year 4 - Handball - HT3



Prior Learning: In Year 3 children were taught new techniques including controlling and moving with the ball in various ways, catching and using a range of passing including the chest and bounce pass. Children learned how to shoot while on the move. Children were play small sided games and were encouraged to embrace the adapted handball rules, fair play and be gracious in victory and defeat.

Physical Me

Throw

Catch

Dodge

Run

Dribble

Agility

Balance

Co-ordination

Jump

Speed

Key Skills

Power

Value Me

- Fair Play
- Gracious

Thinking Me

- To make decisions in the game
- How can I improve

Social Me

- Teamwork
- Encouraging others



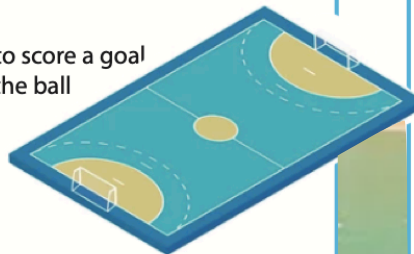
Key Knowledge

Consecutive - One after another e.g. 5 consecutive passes

Infringement - Breaking the rules, denying a clear scoring opportunity

Attacking - The team with the ball attempts to score a goal in the opponents net by shooting (throwing the ball into the goal)

Defending - A defending team tries to stop the other team scoring and to regain possession of the ball
- Once they have the ball, they become the attacking team



Our Handball Rules:

Number of players: 5v5

You have 5 seconds to hold the ball: then you must pass or shoot

Courts: Only allowed goal keeper inside the semi circle

Start of play: Game is started by a 'throw off'

Scoring a goal: A goal is scored by throwing the ball into the oppositions net

After a goal is scored play is restarted by the GK

If the goal keeper saves a ball, play is restarted by the GK

Players are allowed to take 3 steps with the ball.

Travelling- taking more than 3 steps. Free-throw given to the other team.

No dribbling- in Yr 3&4

No Contact- can intercept or block

Key Vocabulary

Infringement

Consecutive

Attacking

Defending

Non-contact

Travelling

Free throw

Communicate

Semi Circle

I can statements



Ball Awareness-moving ball around different parts of the body with control

Dribbling and bouncing a ball with control and using either hand

Pass and receive, stepping into the pass (chest and bounce pass)

Scoring into a goal, beginning to take 3 steps- adding an active goalkeeper

Bringing in footwork and travelling rules into a game situation

Dodging around a player with the ball, focus on dodging into a space

Encourage children to talk about tactics when attacking and defending

Introduce 4v4 or adapted game. Begin to use some additional rules e.g travelling, contact

Anything else you have learnt? What have you enjoyed?