Year 4 - Kwik Cricket - HT5

Prior Learning: In Year 3, children continued to master throwing and catching a ball. They learned how to stop a ball using the long barrier method. They learned how to hit a ball off a tee. They played an adapted version of kwik cricket.

Beacon Curriculum PE

Physical Me

Key Skills

Throw/bowling - Underarm/overarm

Catching- Varying distances

Running- Chasing the ball when fielding
- Scoring runs, running to support

Co-ordination -Hand-eye (catching and hitting the ball)
- Throwing at a target

Balance- When batting, bowling, fielding

Thinking Me

- To improve my performance

Value Me:

- Honesty
- Teamwork

Social Me

- Communicate
- Co-operate

Key Knowledge

Accuracy: The ability to control movement in a direction or at different speeds

Long Barrier -A technique to control a cricket ball that is traveling along the ground.

- when kneeling down the leg creates a barrier to stop

the ball **Fielders** -Aim to limit the number of runs that stop the batter scoring

- Aim to get the batter out!

Batter- Aim to score runs when a player hits the ball

- Sprints between two wickets to score runs
- hits the ball with the flat side of the bat

Bowler- Aims to get the players out by hitting the wicket

Wicket- Stumps that the batsman is trying to defend

Kwik Cricket Rules

 2 equal teams: 1 batting team and 1 fielding team

Batting: The first player to bat stands in front of the wicket ready to bat. The remaining batters stand in the "runs zone" a safe distance behind the field of play

Fielding: The fielders spread out at least 10m away from the wicket

 Fielders try to catch the batter out, or stop the ball and pass it back to the bowler

Bowling: one player bowls

- The bowler "bowls" the ball underarm (with one bounce) to the batter
- -The bowler can bowl the ball again as soon as they receive the ball, even if the batter is not back in time

Play a maximum of 6 balls (an over) for each batter

The team that scores the most runs, wins

Key Vocabulary

Long Barrier

Accuracy

Batter

Wicket

Score

Teamwork

Fielder

Bowler

Co-operate

I can statements

Roll the ball with one hand and stop the ball from different directions using barrier method

Throw and catch under pressure in modified games

Bowl at a wicket underarm/overarm with accuracy and control

Hit a drop fed ball and/or moving ball with a bat

Play a game communicating as a team

Play adapted games, Children encouraged to think of tactics when striking and fielding

Anything else you have learnt? What have you enjoyed?