

Year 1 - Food - Fruit and Vegetables - Term 3

Key Vocabulary

Blender	A machine that mixes ingredients together into a smooth liquid.
Carton	A container made out of card which holds liquid products such as milk and orange juice.
Fruit	The part of a plant that contains seeds.
Healthy	When everything in your body and head feels good.
Ingredients	Items that make up a mixture, for example, foods that make a recipe.
Peel	The tough skin around certain fruits and vegetables, such as oranges.
Peeler	A tool which helps you to remove the tough skin off fruits and vegetables.
Recipe	A set of instructions for making or preparing a food item or dish.
Slice (verb)	To cut pieces off something with a knife.
Smoothie	A combination of fruits and vegetables blended together to make a smooth drink.
Stencil	A shape which you can draw around.
Template	A stencil which you use to help you draw a shape more easily on to different materials.
Vegetable	Parts of plants that can be eaten by people as food. The parts may be the leaves, roots or stem. Vegetables do not contain any seeds



Fruits	Vegetables
Apples	Potatoes
Oranges	Broccoli
Strawberries	Onions
Bananas	Carrots

To know statements



I know the names of fruits and vegetables and explaining why they are a fruit or a vegetable

I know a range of places that fruits and vegetables grow

I know how to describe basic characteristics of fruits and vegetables

Preparing fruits and vegetables to make a smoothie

What can you remember from previous units?

What food do you love?
 What food s do you not like?
 Why?

Anything else you have learnt? What have you enjoyed?