

## School Meals Menu - Winter/Spring 18/19

**Pupil:** \_\_\_\_\_

**Class:** \_\_\_\_\_

WEEK 1					
Dates: <span style="color: red;">Weeks commencing 29/10/18; 19/11/18; 10/12/18; 14/1/19; 4/2/19; 4/3/19; 25/3/19.</span>					
Monday	Tuesday	Wednesday	Thursday	Friday	
Main	Chicken Curry, Naan Bread	Sausages with Gravy	Roast Beef, Yorkshire Pudding & Gravy	Spaghetti Bolognese, Garlic bread	Battered Fish
2nd Option	Vegetable Fingers/Quorn Nuggets (v)	Cheese & Tomato Quesadilla (v)	Macaroni Cheese (v)	Quorn burger on a bun (v)	Home-made Pizza (v)
3rd Option	Jacket Potato / Sandwich	Jacket Potato / Sandwich	Jacket Potato / Sandwich	Jacket Potato / Sandwich	Sandwich or Wrap
WEEK 2					
Dates: <span style="color: red;">Weeks commencing 5/11/18; 26/11/18; 17/12/18; 21/1/19; 11/2/19; 11/3/19; 1/4/19.</span>					
Monday	Tuesday	Wednesday	Thursday	Friday	
Main	FA Breaded Chicken Bites, Ketchup	Cottage Pie	Roasted Chicken Breast, Gravy	Pork Meatballs & Gravy	Battered Fish
2nd Option	Quorn & Vegetable Curry (v)	Cheese & Tomato Pasta Bake (v)	Veg & Potato Puff Pastry Pie (v)	Cheddar Cheese & Onion Quiche (v)	Home-made Pizza (v)
3rd Option	S/W or Wrap	Jacket Potato	S/W or Wrap	Jacket Potato	S/W or Wrap
WEEK 3					
Dates: <span style="color: red;">Weeks commencing 12/11/18; 3/12/18; 7/1/19; 28/1/19; 25/2/19; 18/3/19.</span>					
Monday	Tuesday	Wednesday	Thursday	Friday	
Main	Beef Burger & Gravy	Chicken with BBQ Sauce & Cheese	Roasted Pork Loin & Gravy	Chicken/Stek Pie	Battered Fish
2nd Option	Sweet Potato Fishcake	Sausage Roll (v)	Tomato & Basil Spaghetti (v)	Cheese (v) or Tuna Melt Panini	Home-made Pizza (v)
3rd Option	Jacket Potato / Sandwich	Jacket Potato / Sandwich	Jacket Potato / Sandwich	Jacket Potato / Sandwich	Sandwich or Wrap