



PE Intent, Implementation and Impact

Intent

Our scheme of work offers a coherently planned sequence of lessons to help teachers ensure they have progressively covered the requirements of the PE National Curriculum. The scheme of work ensures that children have a varied and well mapped out PE curriculum. It provides the opportunity for progression across the full breadth of the PE National Curriculum for KS1 and KS2 for both indoor and outdoor PE. This progression is clearly identified on progression maps and each unit has been carefully matched to these. In KS1, the focus of the PE curriculum is on the development of the fundamental skills that will be built upon in KS2 when they are applied in specific sports. At St Aidan's, it is our intention to develop a lifelong love of physical activity, sport and PE in all young people. We aim to help ensure a positive and healthy physical and mental outlook in the future and help young people to develop essential skills like leadership and teamwork. Within each lesson, we strive to give every child the opportunity to develop skills in PE, consider the impact on their health and fitness, compete/perform and evaluate. These elements are always clearly identified both in the schemes used for our lesson plans and on progression maps. All lessons are carefully differentiated using STEP (Space, Time, Equipment and People) which helps to ensure that learning is as tailored and inclusive as possible. It is also the intention of St Aidan's to ensure that every child has access to at least 60 minutes of physical activity every day through structured play and a Daily Mile.



Implementation

The detailed lesson plans from the units within our scheme ensure that all teachers are equipped with the secure subject knowledge required to deliver modern, high-quality teaching and learning opportunities for all areas of the PE National Curriculum. We use a range of resources: published schemes (Val Sabin, Twinkl Move, RCS) supplemented with NGB (National Governing Body) schemes, TOPs resources and the School Games handbooks to integrate Level 1 competition at the end of a unit of work. Our scheme is intended to be flexible allowing for poor weather, use of qualified coaches, changes to schedules and preparation for Level 2 competition. Our overarching aim is for teachers to have the knowledge and skills they need to feel confident in teaching all areas of PE, regardless of their main areas of expertise. Lessons are planned alongside subject-specific progression maps to ensure that children are given the opportunity to practise existing skills and also build on these to develop new or more advanced skills. There is a structure to the lesson sequence whereby prior learning is always considered and opportunities for revision and practise are built into lessons. However, this is not to say that this structure should be followed rigidly: it allows for this revision to become part of good practice and ultimately helps build depth to the children's knowledge, skills and understanding in PE. Formative assessments are supported through the inclusion of assessment grids on lesson plans where notes can be recorded to show different children's achievements and where challenge or support is required in future lessons. A more formal summative assessment spreadsheet is used to help monitor the impact against National Curriculum aims. A series of personal best challenges are also used across each year group based on speed, agility and co-ordination; pupils attempts are recorded and record sheet are produced and maintained.



Impact

Each unit is mapped against the progression documents to ensure that learners develop detailed knowledge and skills across the full breadth of the PE curriculum through engaging and age-appropriate curriculum content. Our indoor units have the option to theme with cross-curricular links to other subjects and topics, such as Romans and Traditional Tales. This all helps to make the learning memorable, allowing links to be made and ultimately creating a higher level of engagement and understanding. Attainment and progress can be measured using our assessment spreadsheets. The high quality and consistent approach to PE teaching should significantly improve attainment in knowledge and skills in PE. The impact of using the full range of resources within our scheme including display materials, will increase the profile of sport, PE and physical activity across the school. With technical PE vocabulary displayed, spoken and used by all learners, the learning environment will be more consistent across both key stages.